

PERSONALIZED RISK ASSESSMENT FOR PREVENTION AND EARLY DETECTION OF BREAST CANCER: INTEGRATION & IMPLEMENTATION

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Future of Individualized Medicine XII

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BREAST CANCER BURDEN IN CANADA



1/8 WOMEN WILL DEVELOP
BREAST CANCER
DURING HER LIFE

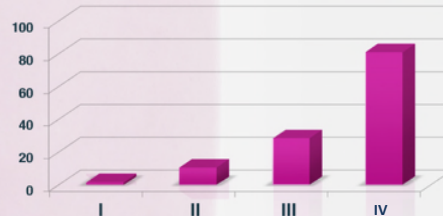
1/6 CASES
OCCUR IN WOMEN < 50 YEARS OLD



26 300
NEW CASES EACH YEAR

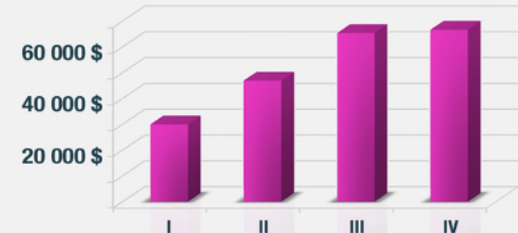
5 000
DEATHS ARE ATTRIBUTED TO
THIS CANCER EACH YEAR

RELATIVE MORTALITY RATIO (5 YRS)



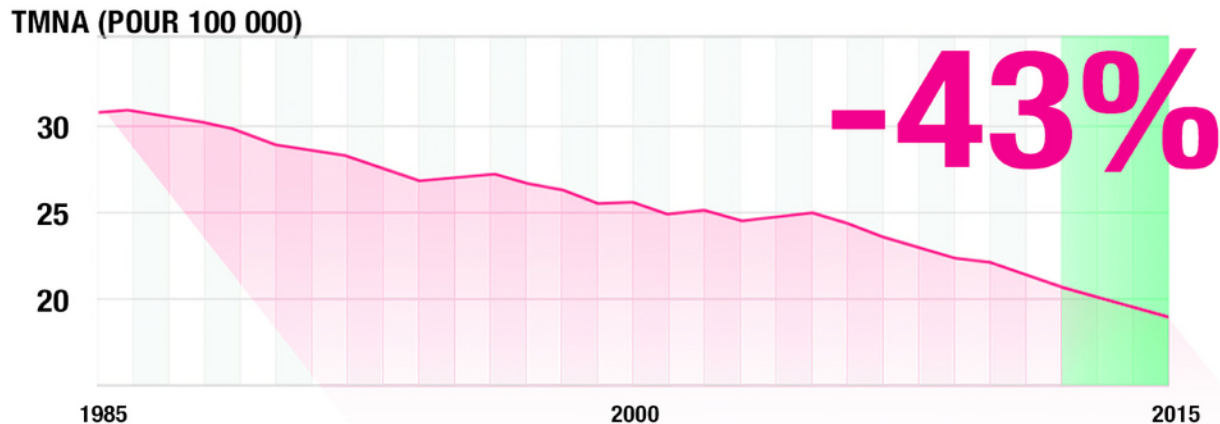
CANCER STAGES

MEAN COST OF CARE (2 YRS)



CANCER STAGES

BREAST CANCER MORTALITY RATES NORMALISED ACCORDING TO AGE, WOMEN, CANADA, 1985-2014



**DURING THE LAST 25 YEARS, BREAST CANCER MORTALITY RATES HAVE
FALLEN BY 43% DUE TO INCREASED MAMMOGRAPHY SCREENING AND
MORE EFFECTIVE THERAPIES**

REDUCING BREAST CANCER MORTALITY

Pan-Canadian Study of Mammography Screening and Mortality from Breast Cancer

Andrew Coldman, Norm Phillips, Christine Wilson, Kathleen Decker, Anna M. Chiarelli, Jacques Brisson, Bin Zhang, Jennifer Payne, Gregory Doyle, Rukshanda Ahmad

Coldman A et al. (2014) JNCI 106(11)

DATA WERE OBTAINED ON

2 796 472

SCREENING PARTICIPANTS
FROM 1990-2009

THE AVERAGE BREAST CANCER MORTALITY
AMONG PARTICIPANTS WAS

40%

LOWER THAN EXPECTED WITH A RANGE
ACROSS PROVINCES OF 27% TO 59%

**PARTICIPATION IN MAMMOGRAPHY SCREENING PROGRAMS IN CANADA WAS
ASSOCIATED WITH SUBSTANTIALLY REDUCED BREAST CANCER MORTALITY.**

POLYGENIC SUSCEPTIBILITY TO BREAST CANCER

Polygenic susceptibility to breast cancer and implications for prevention

Nature Genetics 2002 31:33-36

Polygenes, Risk Prediction, and Targeted Prevention of Breast Cancer

New England Journal of Medicine 2008 358:2796-2803

Polygenic susceptibility to prostate and breast cancer: implications for personalised screening

British Journal of Cancer 2011 104:1656-1663

**nature
genetics**

Large-scale genotyping identifies 41 new loci associated with breast cancer risk

Nature Genetics 2013 45:353-61

Genome-wide association analysis of more than 120,000 individuals identifies 15 new susceptibility loci for breast cancer

Nature Genetics 2015 47:373-80

ARTICLE

Prediction of Breast Cancer Risk Based on Profiling With Common Genetic Variants

J Natl Cancer Inst. 2015 107(5)

LETTER

doi:10.1038/nature24284

Association analysis identifies 65 new breast cancer risk loci

Nature 2017 551:92-94

**nature
genetics**

Identification of ten variants associated with risk of estrogen-receptor-negative breast cancer

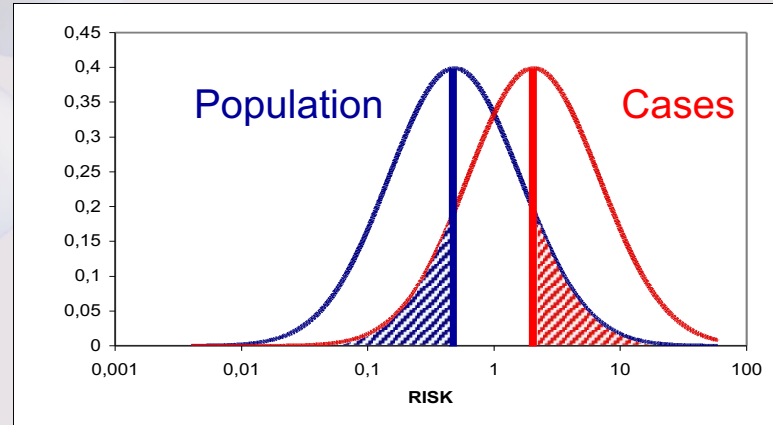
Nature Genetics 2017 49:1767-1778

ARTICLE

Am J Hum Genet 2019 104:21-34

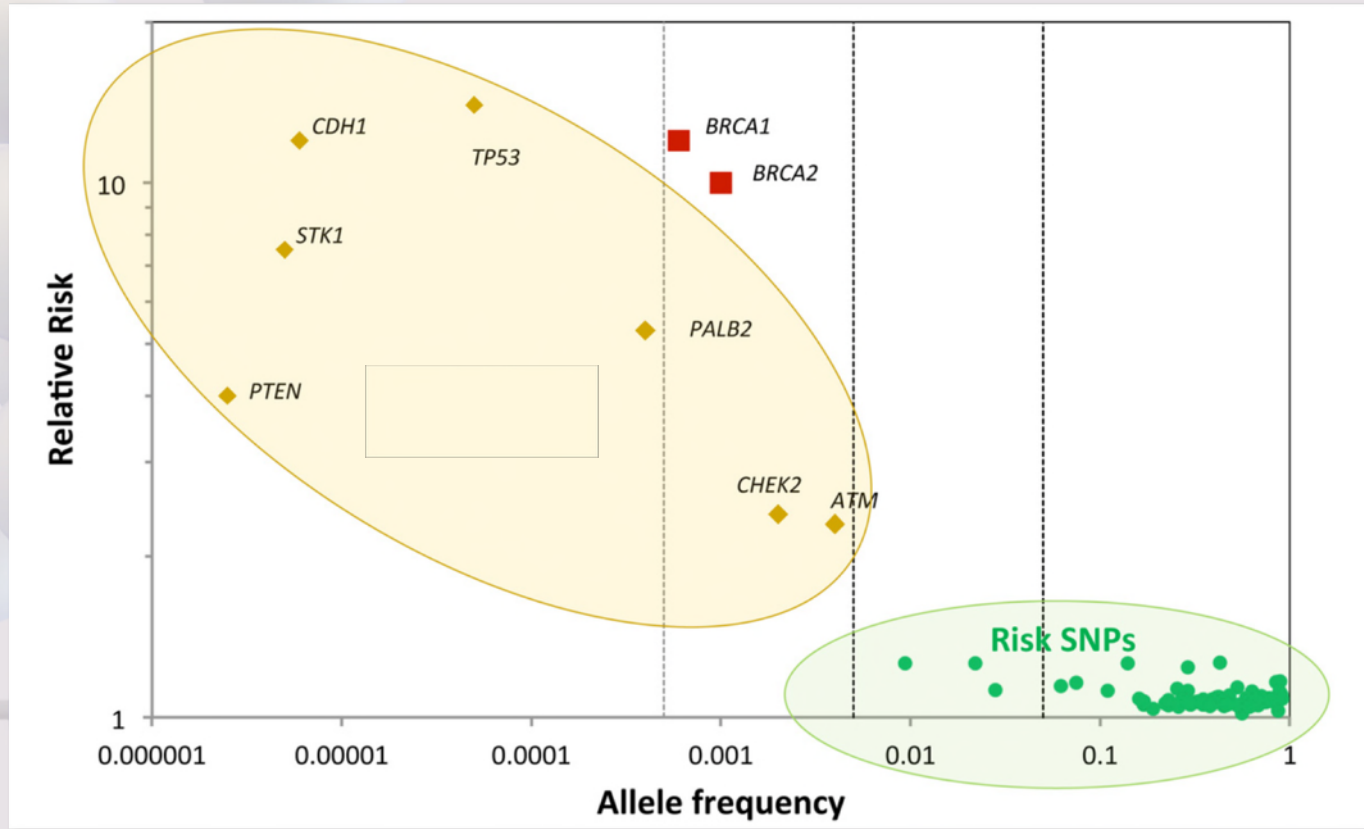
Polygenic Risk Scores for Prediction of Breast Cancer and Breast Cancer Subtypes

POLYGENIC MODEL OF BREAST CANCER RISK

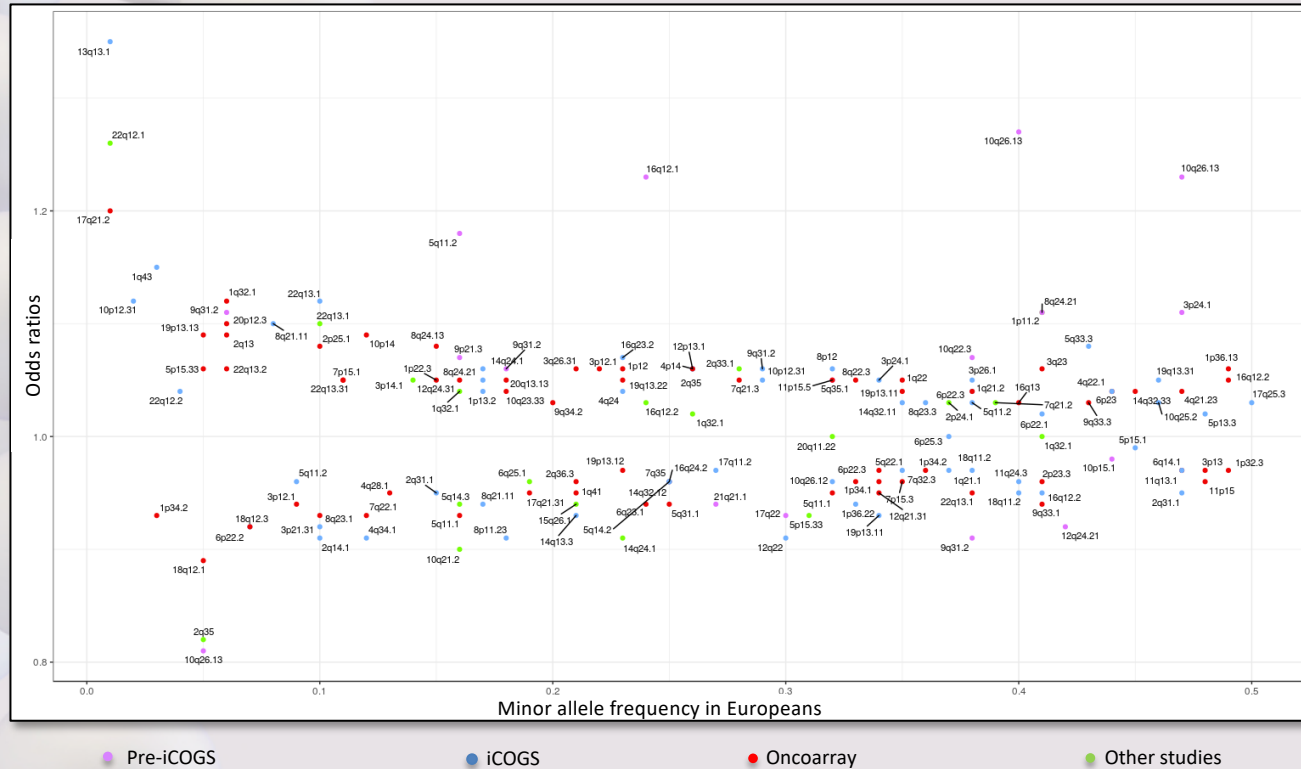


- Although only 12% of the population has a 10% chance or more of developing breast cancer before the age of 70, approximately 50% of all breast cancers are diagnosed in this sub-population.
- On the other hand, 50% of the population has a risk equal to or less than 3% and this subset represents only 12% of all cancers.
- The risk of breast cancer is determined by a combination of genetic and non-genetic factors, such that the majority cases will be diagnosed in the minority of women who are at a relatively high risk.

GENETIC LOCI IDENTIFIED FOR BREAST CANCER BY RISK ALLELE FREQUENCY AND RISK CONFERRED



ALLELIC ARCHITECTURE OF SNPS ASSOCIATED WITH BREAST CANCER



PERSPECTIVE PROJECT (2013-2018)

(Personalized Risk Stratification for Prevention and Early Detection of Breast Cancer)

THIS PROJECT IS DESIGNED TO INCREASE EARLY DETECTION OF BREAST CANCER BY EXTENDING CURRENT MAMMOGRAPHY SCREENING PROGRAMS IN AN **OPTIMALLY COST-BENEFICIAL** AND TARGETED MANNER ESPECIALLY FOR **YOUNGER WOMEN (35 TO 49)** AT HIGHER RISK.

THIS WILL BE ACHIEVED THROUGH THE **DETERMINATION OF A GENETIC RISK PROFILE** WHICH WILL BE INCORPORATED INTO THE RISK PREDICTION MODEL (BOADICEA) IN ORDER TO **INCREASE THE PROPORTION OF WOMEN IDENTIFIABLE IN THE HIGH-RISK CATEGORY.**





GenomeCanada

PERSONALISED RISK STRATIFICATION FOR PREVENTION AND EARLY DETECTION OF BREAST CANCER



2013-2017

GenomeQuébec



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Mount Sinai Hospital
Toronto, Canada



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Laval University
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Bartha Maria Knoppers
Co-project Leader
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Montréal, Canada



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Sciences Center
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Montréal, Canada



Alfons Meindl
Technical University
Munich, Germany



Michael Wolfson
University of Ottawa
Ottawa, Canada



BREAST CANCER ASSOCIATION CONSORTIUM

> 105 STUDIES - ~393,000 SAMPLES - 36 COUNTRIES



GENETIC RISK PROFILE



HUNDREDS OF RESEARCH
TEAMS FROM

50

COUNTRIES



“ONCOARRAY”

INTEGRATION OF
DATA



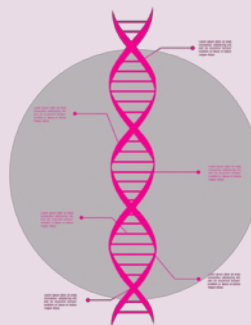
MEDICAL HISTORY
TUMOR PATHOLOGY
TREATMENT RESPONSE
ENVIRONMENT
FAMILY HISTORY



600 000

PARTICIPANTS

BREAST
PROSTATE
LUNG
OVARY
COLORECTAL



ANALYSIS OF
GENOMIC
DATA

ONCOARRAY NETWORK

Research Article

The OncoArray Consortium: A Network for Understanding the Genetic Architecture of Common Cancers

Cancer Epidemiology, Biomarkers & Prevention

Cancer Epidemiol Biomarkers Prev. 2017 26(1):126-135

LETTER

doi:10.1038/nature24284

Nature 2017 551:92-94

Association analysis identifies 65 new breast cancer risk loci

nature
genetics

Identification of ten variants associated with risk of estrogen-receptor-negative breast cancer

Nature Genetics 2017 49:1767-1778

nature
genetics

Large-scale association analysis identifies new lung cancer susceptibility loci and heterogeneity in genetic susceptibility across histological subtypes

Nature Genetics 2017 49(7):1126-1132

ARTICLE

Novel Common Genetic Susceptibility Loci for Colorectal Cancer

JNCI 2019 111(2):146-157

nature
genetics

Nat Genet. 2017 49(5):680-691

Identification of 12 new susceptibility loci for different histotypes of epithelial ovarian cancer

nature
genetics

Nat Genet. 2016 48(12):1544-1550

Genome-wide association analyses identify new susceptibility loci for oral cavity and pharyngeal cancer

LETTERS

<https://doi.org/10.1038/n41588-018-0142-8>

Corrected: Author Correction

nature
genetics

Nat Genet. 2018 50(7):928-936

Association analyses of more than 140,000 men identify 63 new prostate cancer susceptibility loci

ARTICLE

<https://doi.org/10.1038/s41467-018-08054-4>

OPEN

Shared heritability and functional enrichment across six solid cancers

Xia Jiang et al.[#]

Nat Commun. 2019 10(1):431

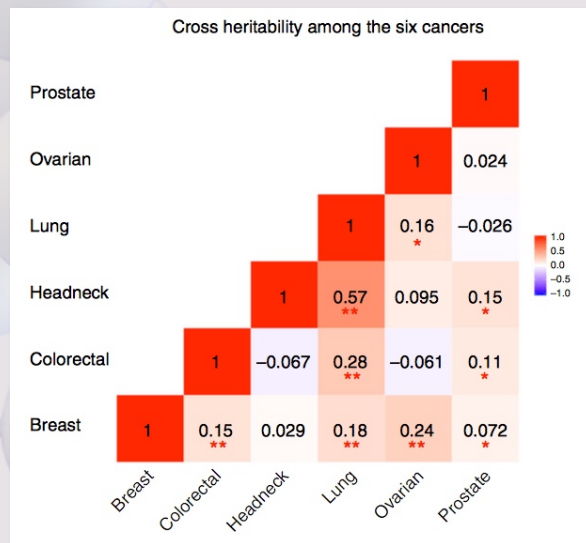


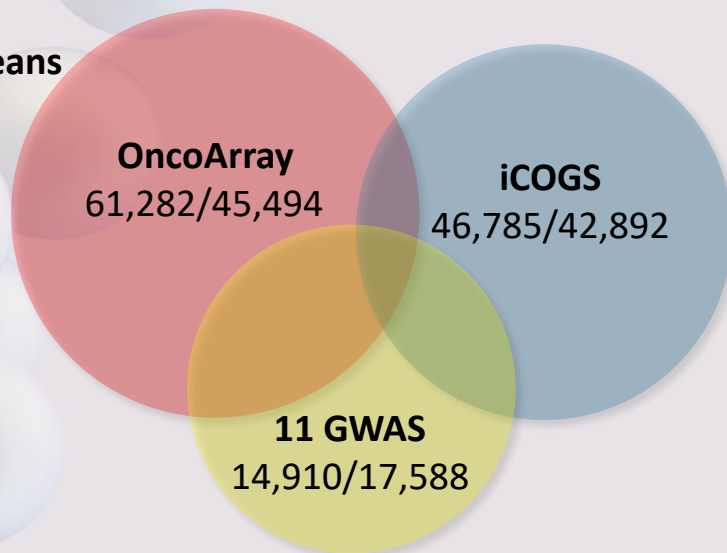
Table 1 Significant enrichment estimates of genomic functional categories, meta-analyzed across six cancer sites

Category	Enrichment (95% CI)	P-value
Conserved region	9.78 (5.72–13.84)	2.28×10^{-5}
TFBS	4.04 (2.91–5.17)	1.43×10^{-7}
H3K9ac	3.41 (2.14–4.69)	2.04×10^{-4}
H3K4me3	3.23 (2.47–4.00)	8.91×10^{-9}
Super Enhancer	2.56 (2.23–2.89)	1.99×10^{-20}
H3K27ac (PGC)	2.36 (1.91–2.80)	2.12×10^{-9}
H3K27ac (Hnisz)	1.90 (1.65–2.15)	1.86×10^{-12}
H3K4me1	1.84 (1.56–2.12)	2.57×10^{-9}
Repressed region	0.34 (0.07–0.61)	1.15×10^{-6}

The meta-analysis was performed based on the enrichment estimates and standard errors calculated using LD score regression in each individual cancer type. P-values were significant after Bonferroni correction ($P < 0.05/24$)
TFBS transcription factor binding sites

BREAST CANCER DATA SETS (GWAS – iCOGS – ONCOARRAY)

Europeans



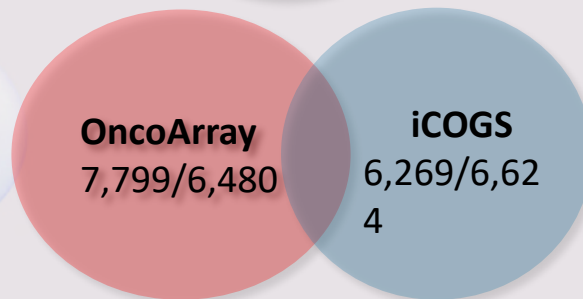
ER+ 69,501

ER- 21,468

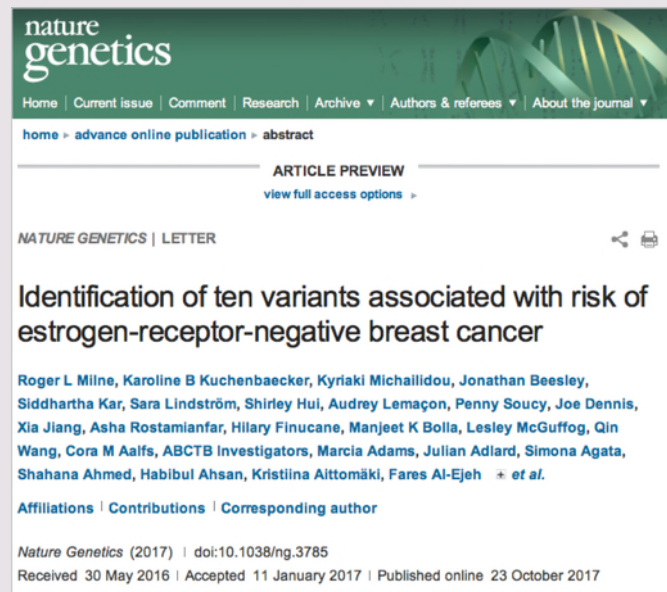
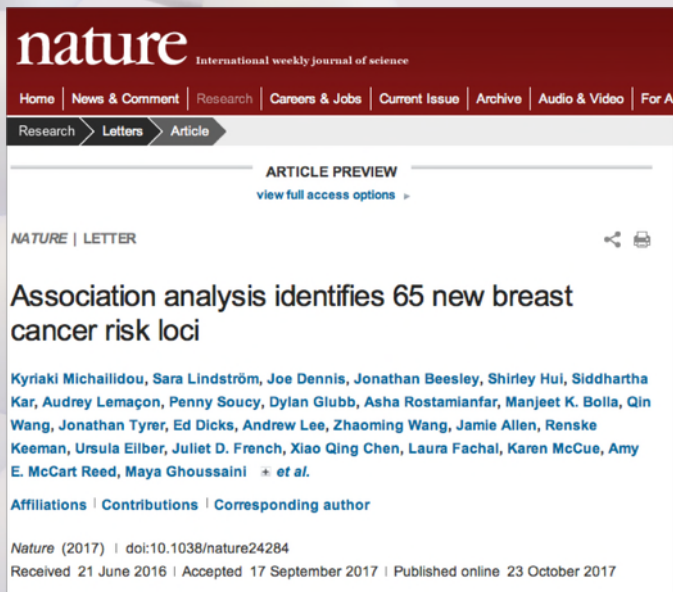
CIMBA *BRCA1*

9,414/9,494

Asians

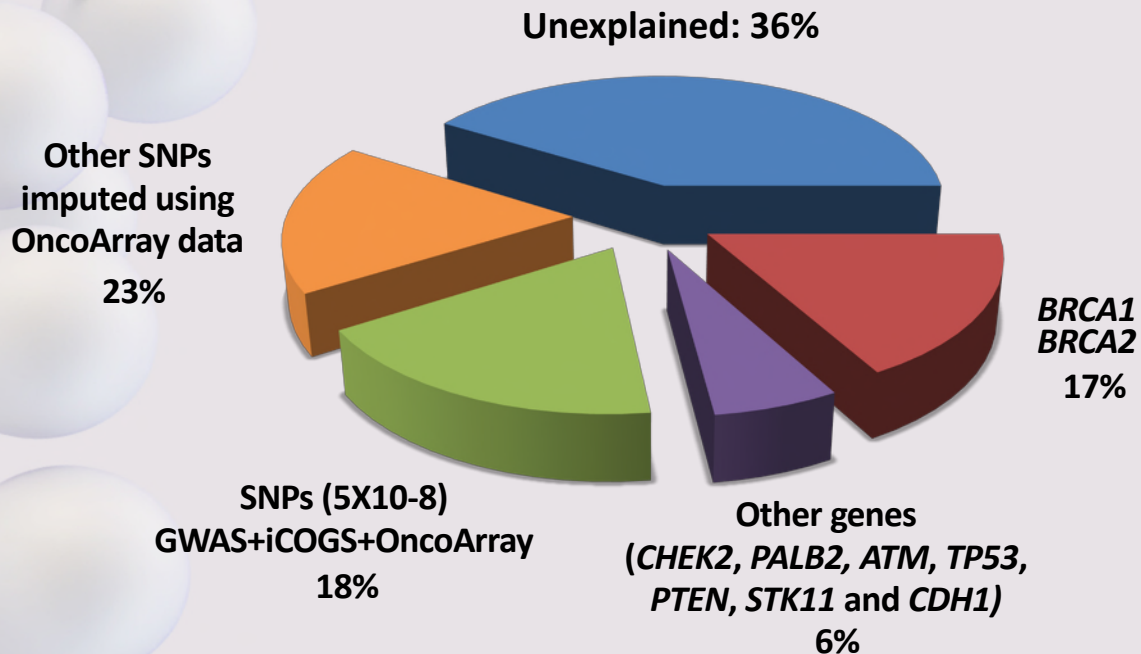


ASSOCIATIONS ANALYSES – BREAST CANCER

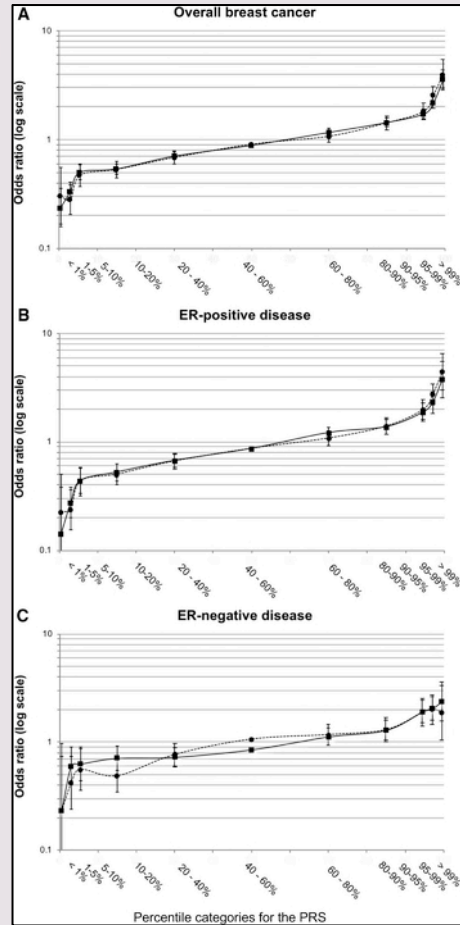


- Identification of **75** new breast cancer risk loci, including **9** associated with **estrogen-receptor negative** disease.
- In total, common risk variants now explain **18% of the familial relative risk (FRR)**.
- We estimate that variants imputable from the OncoArray explain ~41% of the FRR, and thus, **the new risk SNPs account for ~44% of the FRR that can be explained by all imputable SNPs**.
- Enrichment analyses of **genomic features** and **pathway analyses** have shed light on the underlying biological processes involved in breast cancer susceptibility.

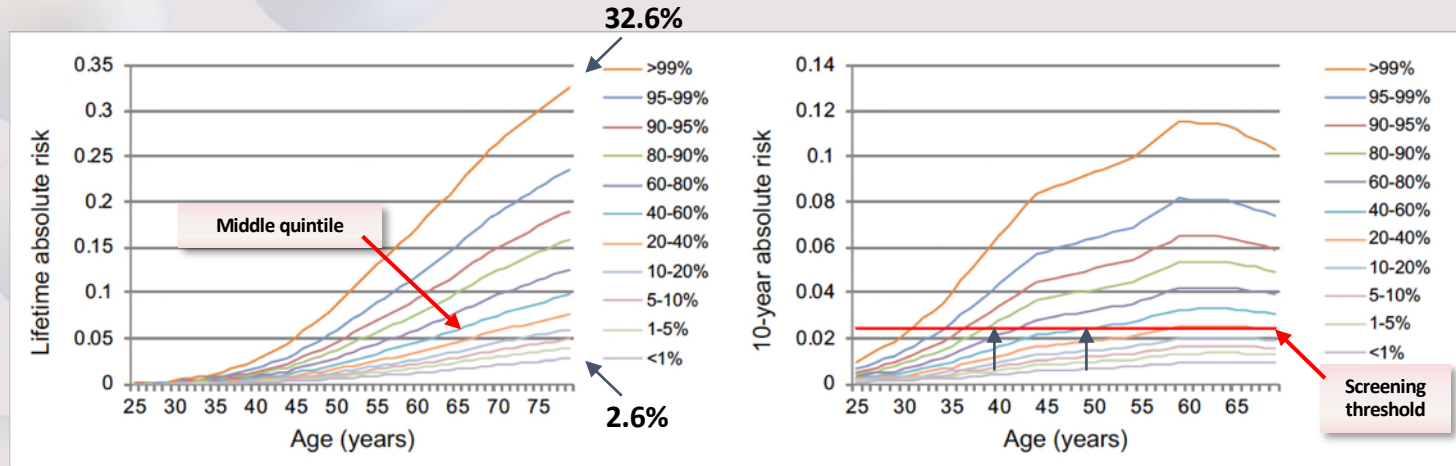
GENETIC VARIANCE OF BREAST CANCER RISK (AFTER iCOGS AND ONCOARRAY)



ASSOCIATION BETWEEN THE 313 SNP POLYGENIC RISK SCORE (PRS) AND BREAST CANCER RISK IN WOMEN OF EUROPEAN ORIGIN

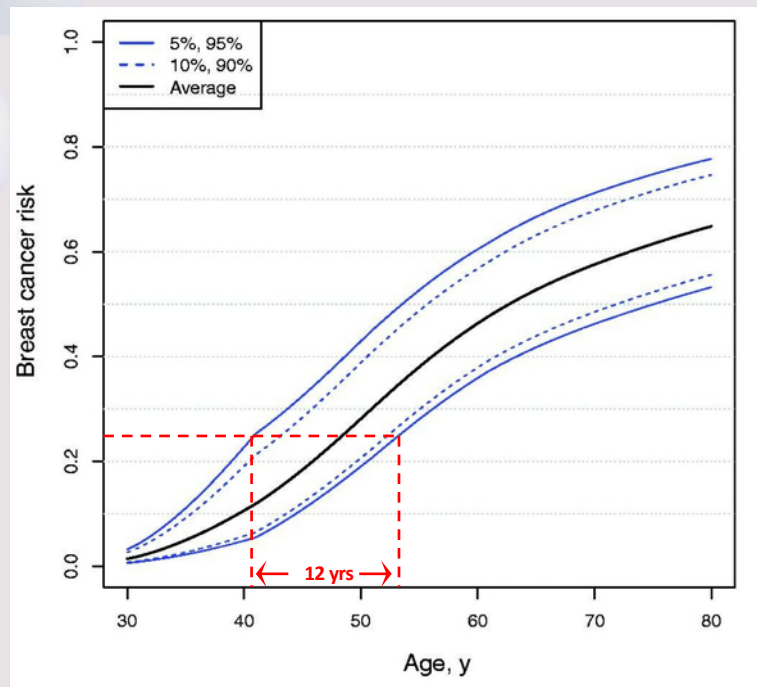


CUMULATIVE AND 10-YEAR ABSOLUTE RISK OF DEVELOPING BREAST CANCER BY PERCENTILES OF THE POLYGENIC RISK SCORE (PRS) (313 SNPs)



- The average 10-year absolute risk of breast cancer for a 47 year old woman (i.e. the age at which women become eligible to enter the UK breast cancer screening program) in the general population is 2.6%.
- However, the 19% of women with the highest PRS will attain this level of risk by age 40 years.

PREDICTED BREAST CANCER RISKS IN BRCA1 MUTATION CARRIERS BY PERCENTILE OF THE POLYGENIC RISK SCORE



The estrogen receptor–negative breast cancer PRS comprised of 53 SNPs was used for *BRCA1* carriers

ARTICLE

Genetics
in Medicine



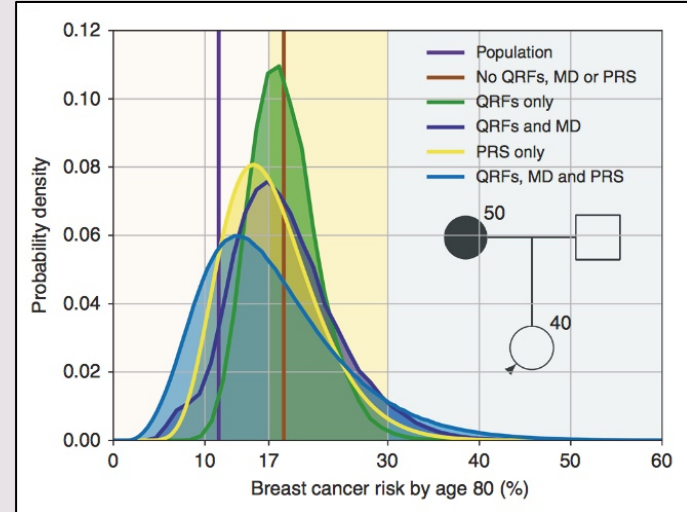
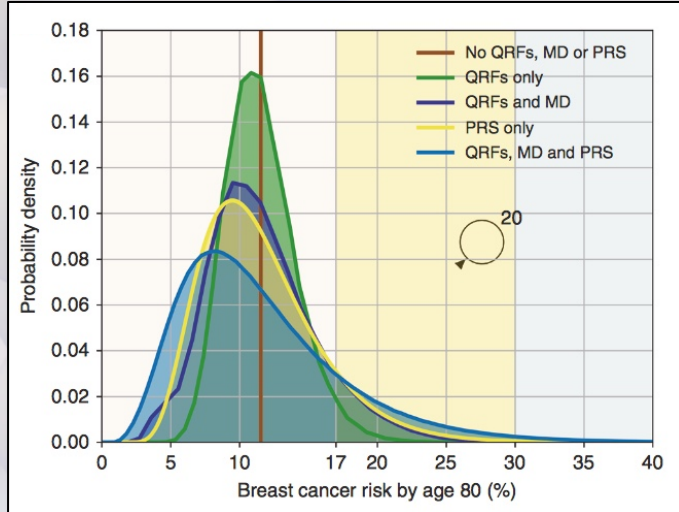
Open

BOADICEA: a comprehensive breast cancer risk prediction model incorporating genetic and nongenetic risk factors

Andrew Lee, MSci, CAsM¹, Nasim Mavaddat, MBBS, PhD¹, Amber N. Wilcox, MPH², Alex P. Cunningham, MSc, PhD¹, Tim Carver, PhD¹, Simon Hartley, MSc, PhD¹, Chantal Babb de Villiers, PhD³, Angel Izquierdo, MD⁴, Jacques Simard, PhD⁵, Marjanka K. Schmidt, PhD⁶, Fiona M. Walter, MD, FRCGP³, Nilanjan Chatterjee, PhD^{7,8}, Montserrat Garcia-Closas, MPH, DrPH², Marc Tischkowitz, MD, PhD⁹, Paul Pharoah, PhD^{1,10}, Douglas F. Easton, PhD^{1,10} and Antonis C. Antoniou, PhD¹

Genet Med. 2019 Jan 15. doi: 10.1038/s41436-018-0406-9

BOADICEA PREDICTED LIFETIME BREAST CANCER RISK FOR A WOMEN WITH UNKNOWN FAMILY HISTORY OR WITH A MOTHER AFFECTED AT AGE 50



Risk categories

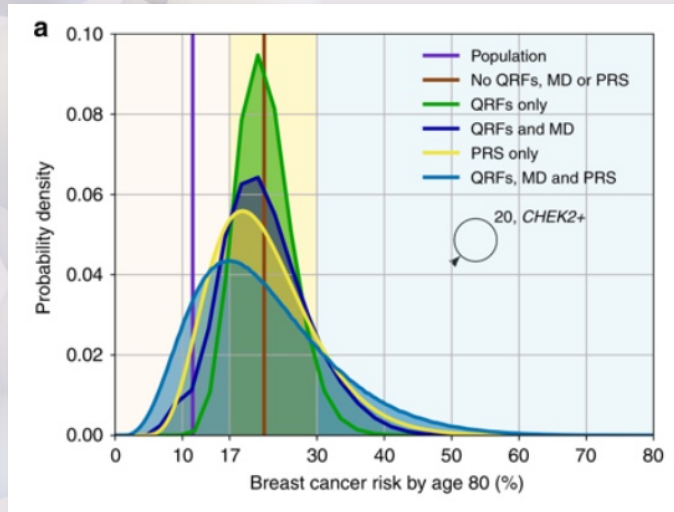
Pink=near population risk ($< 17\%$)

Yellow=moderate risk ($\geq 17\%$ and $< 30\%$)

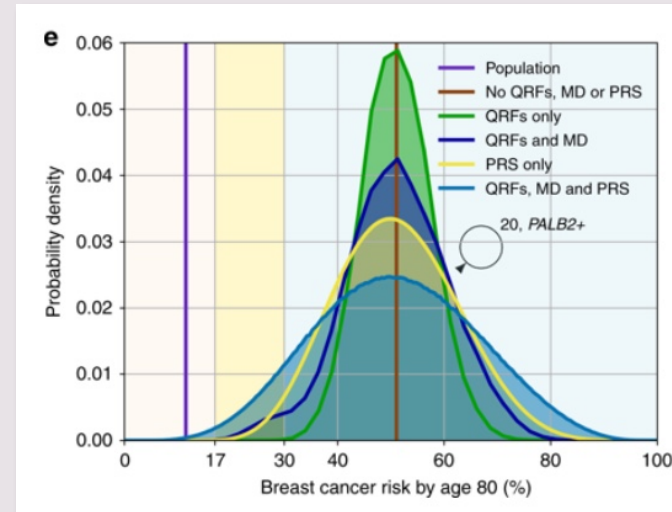
Blue=high risk ($\geq 30\%$)

BOADICEA PREDICTED LIFETIME BREAST CANCER RISK FOR A FEMALE INTERMEDIATE-RISK RARE PATHOGENIC VARIANT CARRIER WITH UNKNOWN FAMILY HISTORY

CHEK2



PALB2



Risk categories

Pink=near population risk (< 17%)

Yellow=moderate risk (≥ 17% and < 30%)

Blue=high risk (≥ 30%)

PREDICTED DISTRIBUTIONS OF WOMEN IN THE POPULATION IN DIFFERENT RISK CATEGORIES (based on NICE guidelines)

		Lifetime (20-80)			
Family history		QRF Only	QRF and MD	PRS Only	QRF, MD and PRS
Unknown Family history	Average population risk (%)	11.5			
	% at near population risk	97.0	90.5	89.2	84.2
	% at moderate risk	3.0	9.5	10.6	14.7
	% at high risk	0.0	0.0	0.2	1.1
Mother affected at age 50	% at near population risk	35.1	42.3	52.3	55.1
	% at moderate risk	64.4	53.6	45.6	38.0
	% at high risk	0.5	4.1	2.1	6.8

QRF: Questionnaire based Risk Factors; MD: Mammographic Density; PRS: Polygenic Risk Score.

RISK PROFILING

GENETIC RISK PROFILE

FAMILY HISTORY OF CANCER

DEMOGRAPHIC DATA

MAMMOGRAPHIC DENSITY

LIFESTYLE AND HORMONAL FACTORS

- Reproductive history
- BMI
- Height
- Alcohol
- Oral contraceptives



HIGH RISK

MODERATE RISK

GENERAL POPULATION RISK

POSSIBLE HYPOTHETICAL DISTRIBUTION OF ABSOLUTE RISK FOR BREAST CANCER DECISIONS

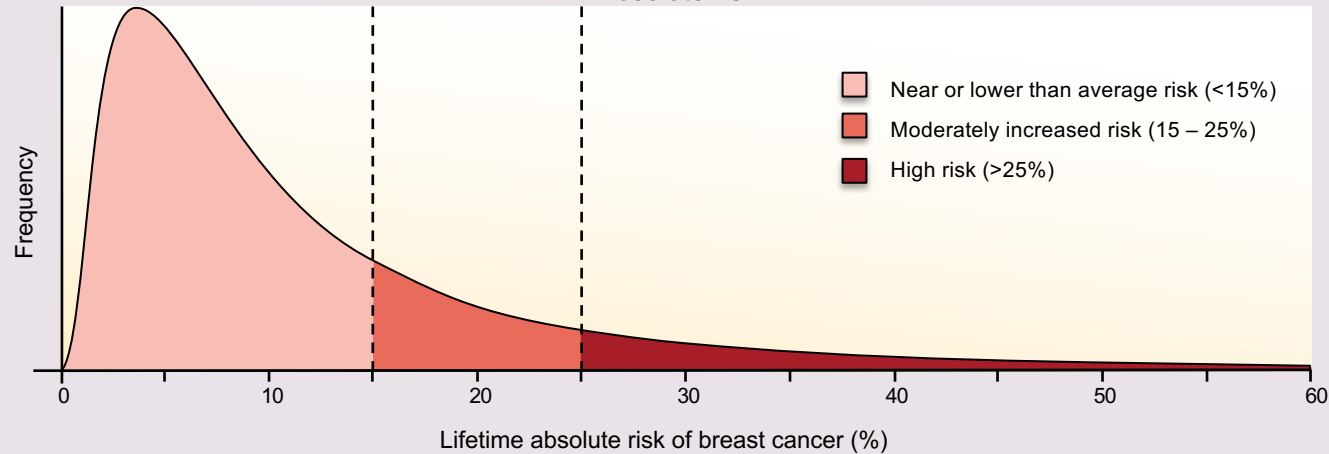
Possible clinical decisions

- General advice on having a healthy lifestyle
- Mammography screening frequency tailored to risk

- Lifestyle changes
- Frequent mammography screening
- Discuss preventive therapies

- Individual counselling in primary care and referral to secondary or tertiary care
- Enhanced screening and surveillance
- Chemoprevention and/or endocrine therapy
- Risk-reducing surgery (mastectomy, salpingo-oophorectomy)

↑
Absolute risk



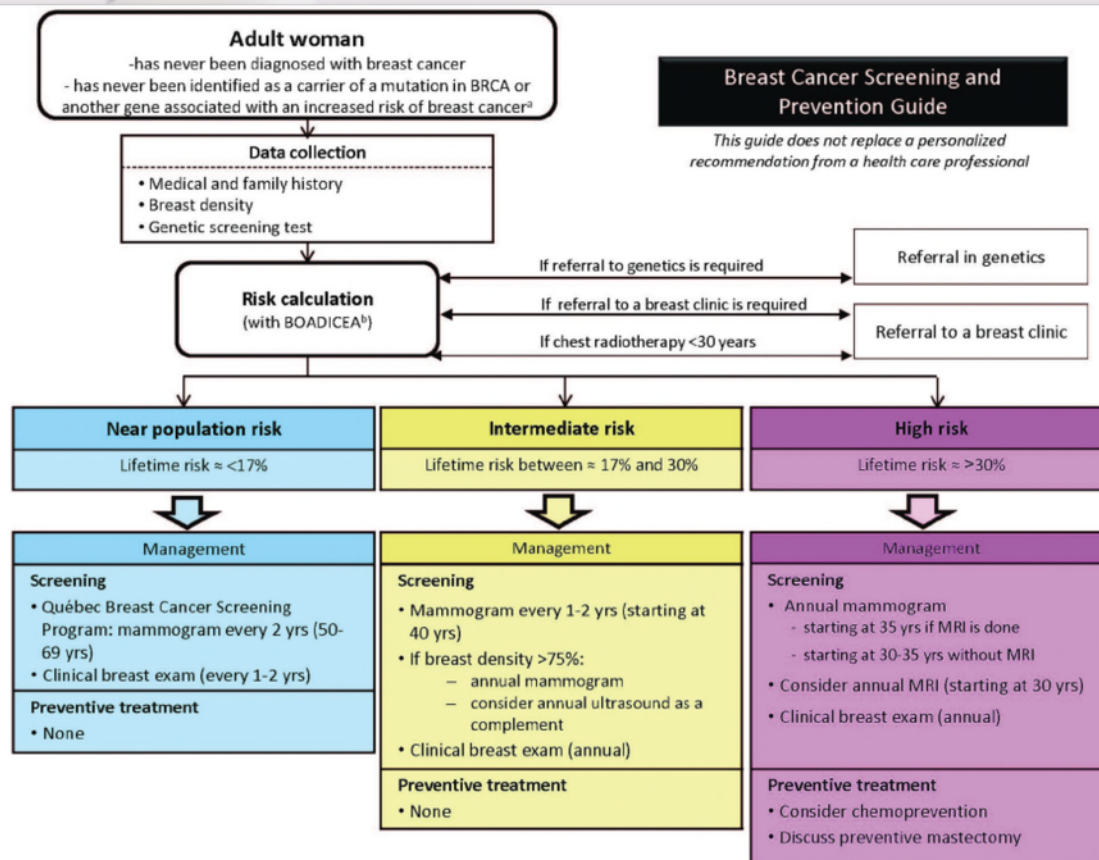
Possible risk factor profile

- No family history of breast cancer, low to moderate polygenic risk, and none or few environmental risk factors

- No family history of breast cancer, moderate polygenic risk and several environmental risk factors

- Moderate to high polygenic risk with family history of breast cancer and many environmental risk factors, or known BRCA1 and BRCA2 or TP53 mutation carriers for very high risk

DECISION AID FOR BREAST CANCER RISK STRATIFICATION

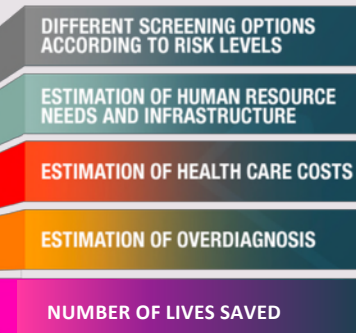


SOCIO ECONOMIC SIMULATION MODEL

INPUTS



OUTPUTS



PROJECTED IMPACT / JUDICIOUS CHOICES



NEXT STEPS 2018-2022



Jacques Simard
Project Leader

PERSONALIZED RISK ASSESSMENT FOR PREVENTION AND EARLY DETECTION OF BREAST CANCER: INTEGRATION & IMPLEMENTATION



Anna Maria Chiarelli
Co-Project Leader

GENETIC EPIDEMIOLOGY, BIOSTATISTICS & BIOINFORMATICS



Douglas Easton



Antonis Antoniou



David Goldgar



Peter Kraft



Arnaud Droit



Bingjian Feng

GENOMICS, MOLECULAR GENETICS & BIOLOGY



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Peter Devilee



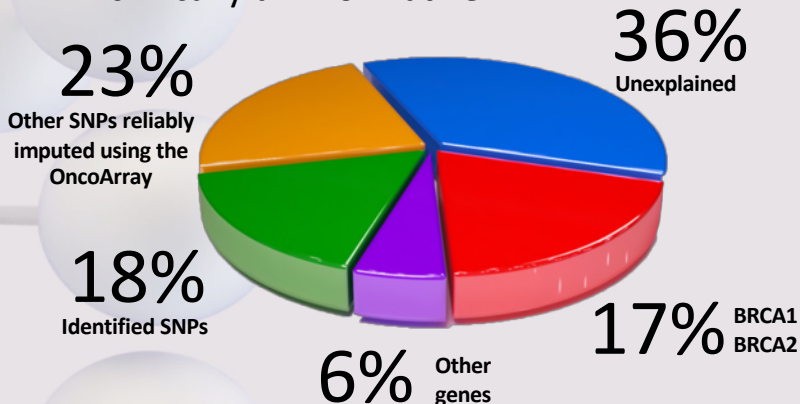
Eric Hahnen



HIGH RISK CANCER GENETIC CLINICS

Many women receive approximate risk estimates based only on their family history.

- Multi-gene panel tests often include genes with unproven association.
- The majority of women with a family history receive negative genetic test result.
- Numerous identified variants are of uncertain significance and therefore clinically uninformative.



POPULATION BREAST CANCER SCREENING PROGRAM

Recommendations assume all women have the same level of risk based on their age.

- Overscreening women at lower risk and underscreening women at high risk.
- Adapt existing healthcare systems for risk-based screening.

Implementation issues to be addressed:

- Invitation
- Risk assessment
- Linked to care pathway
- Communication
- Monitoring and evaluation
- Costing data
- Socio-ethical and legal issues

RESEARCH STRATEGY

OUR OVERARCHING GOALS ARE:

- To improve personalized risk assessment to offer **cost-effective risk-based screening and prevention** of breast cancer to women most likely to benefit.
- To determine the **optimal implementation approaches** within the Canadian healthcare system.

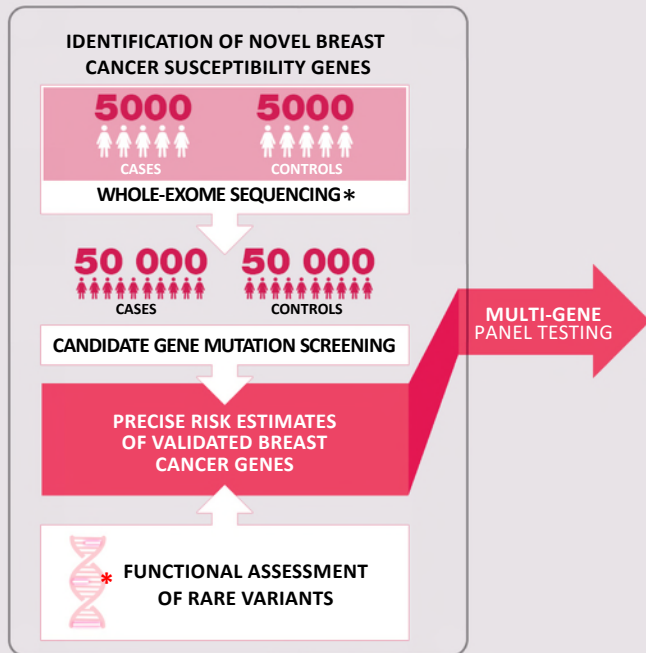
OUR PROJECT WILL PROVIDE:

Patient-oriented: A more accurate risk prediction improving genetic counselling of high risk women about screening and risk reduction strategies.

Population-oriented: Real-life evidence on how to shift from primarily age-based “*one-size fits all*” screening to risk-based approaches to improve the balance of benefits to harms.

HIGH RISK CANCER GENETIC CLINICS

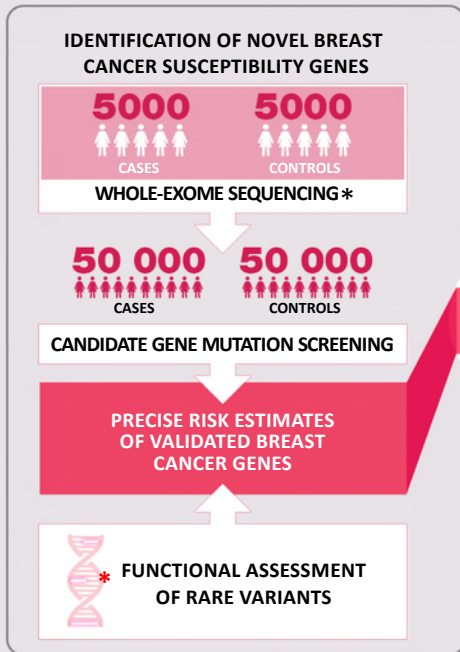
ACTIVITY 1



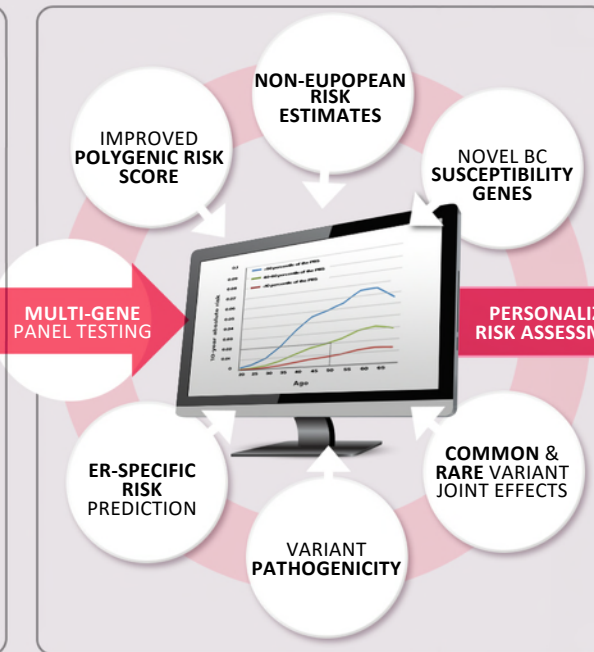
* This number will double in collaboration with the EU-funded Horizon 2020 BRIDGES project

HIGH RISK CANCER GENETIC CLINICS

ACTIVITY 1



ACTIVITY 2



MORE ACCURATE RISK PREDICTION



IMPROVE:

- GENETIC COUNSELLING
- SHARED DECISION PROCESS ABOUT SCREENING AND RISK REDUCTION STRATEGIES
- EFFECTIVENESS OF PRIMARY PREVENTION

* This number will double in collaboration with the EU-funded Horizon 2020 BRIDGES project

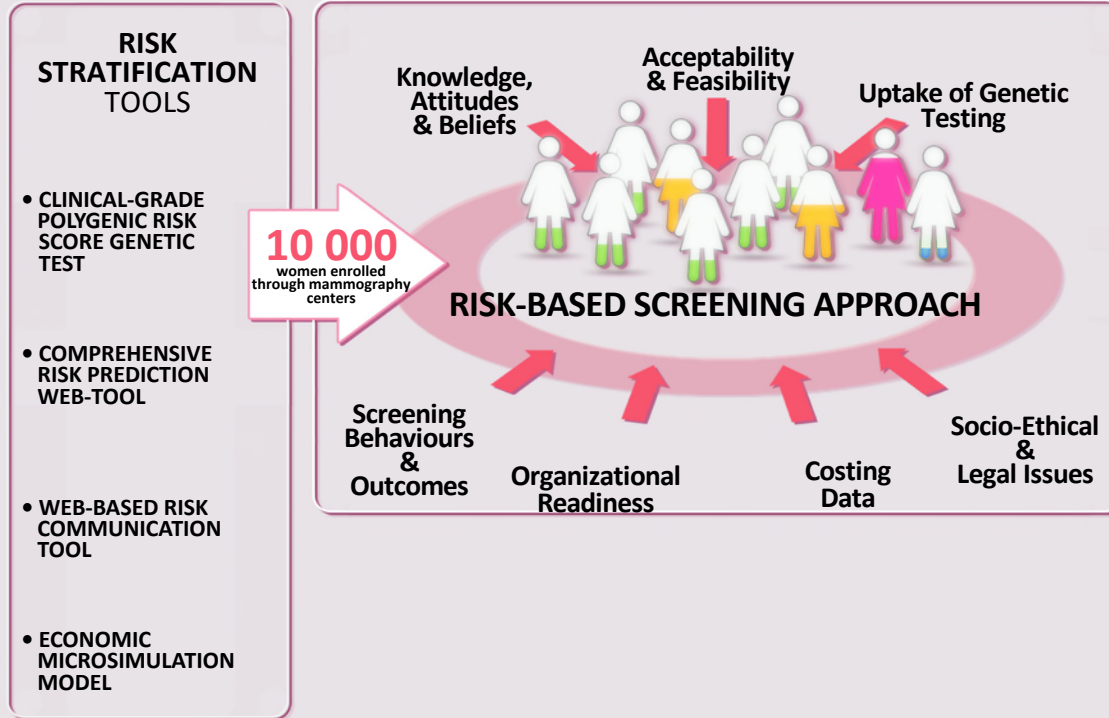
POPULATION BREAST CANCER SCREENING PROGRAM

RISK STRATIFICATION TOOLS

- CLINICAL-GRADE
POLYGENIC RISK
SCORE GENETIC
TEST
- COMPREHENSIVE
RISK PREDICTION
WEB-TOOL
- WEB-BASED RISK
COMMUNICATION
TOOL
- ECONOMIC
MICROSIMULATION
MODEL

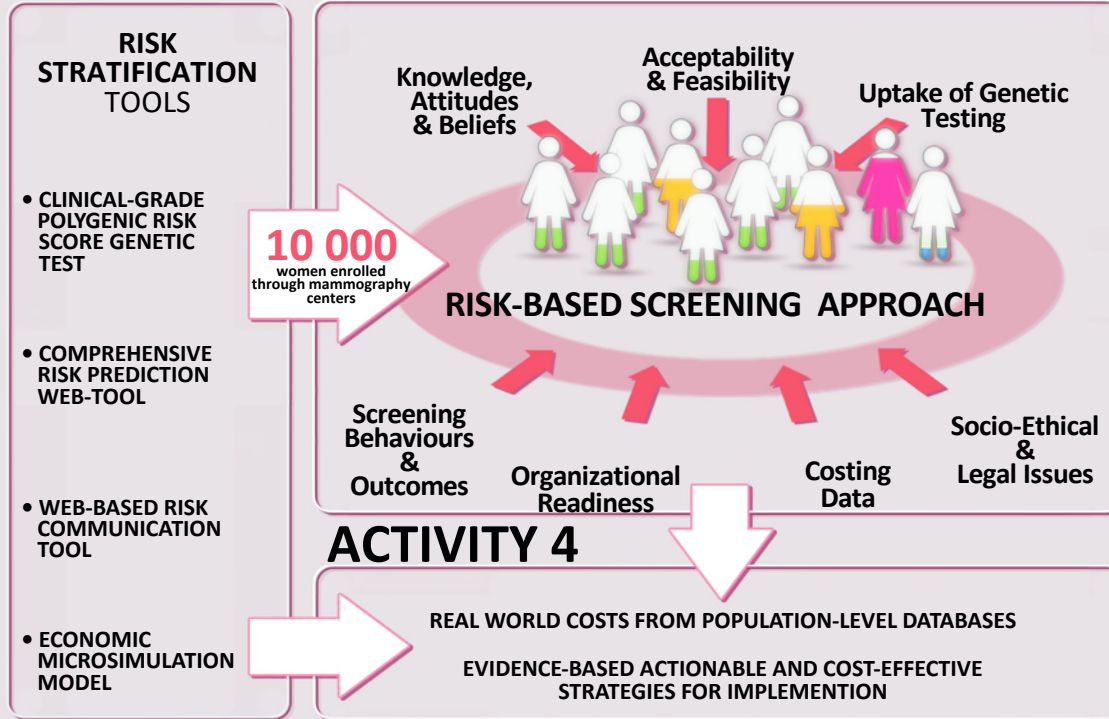
POPULATION BREAST CANCER SCREENING PROGRAM

ACTIVITY 3



POPULATION BREAST CANCER SCREENING PROGRAM

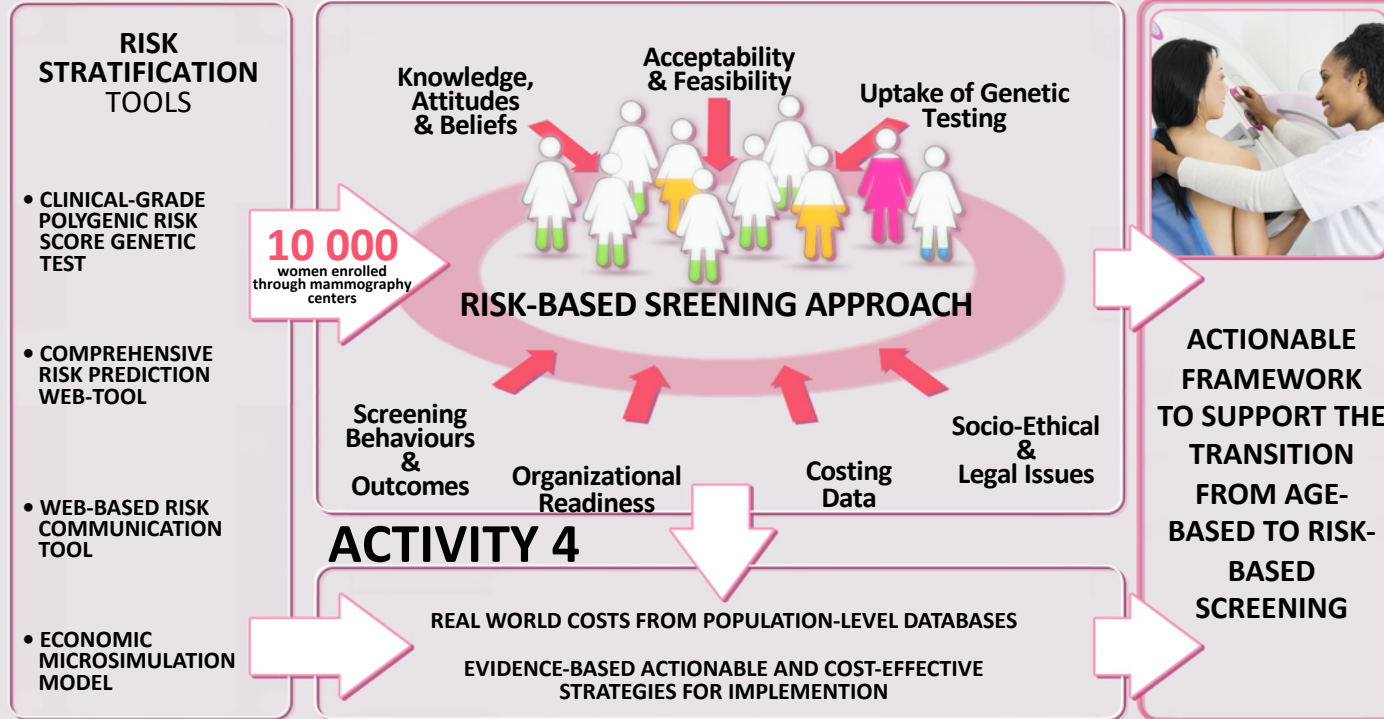
ACTIVITY 3



POPULATION BREAST CANCER SCREENING PROGRAM

ACTIVITY 3

PROVIDE REAL-LIFE EVIDENCE



ORGANIZATIONS INVOLVED IN ACHIEVING THE BENEFITS



INTERNATIONAL COLLABORATIVE EFFORTS



MyPeBS compares personalised risk-based screening to standard screening.

- A multi-centre, international, randomised clinical study that will recruit **85,000 women from Belgium, France, Israel, Italy and the United Kingdom.**
- Involves 26 partners from 7 different countries.
- Will investigate whether the personalised approach is at least equally or maybe more acceptable than the age based one.



Women Informed to Screen Depending on Measures of Risk (WISDOM)

- Recruiting **100,000 women** from throughout **California, Minnesota, Iowa, North Dakota, South Dakota.**
- Will evaluate if personalized screening is as safe as annual screening, if it causes fewer harms such as unnecessary follow-up screenings, biopsies or other procedures, and whether women accept the approach.



**TAILORED BREAST SCREENING TO INDIVIDUAL RISK
(START/STOP AGE, FREQUENCY, MODALITIES) WILL LEAD TO:**

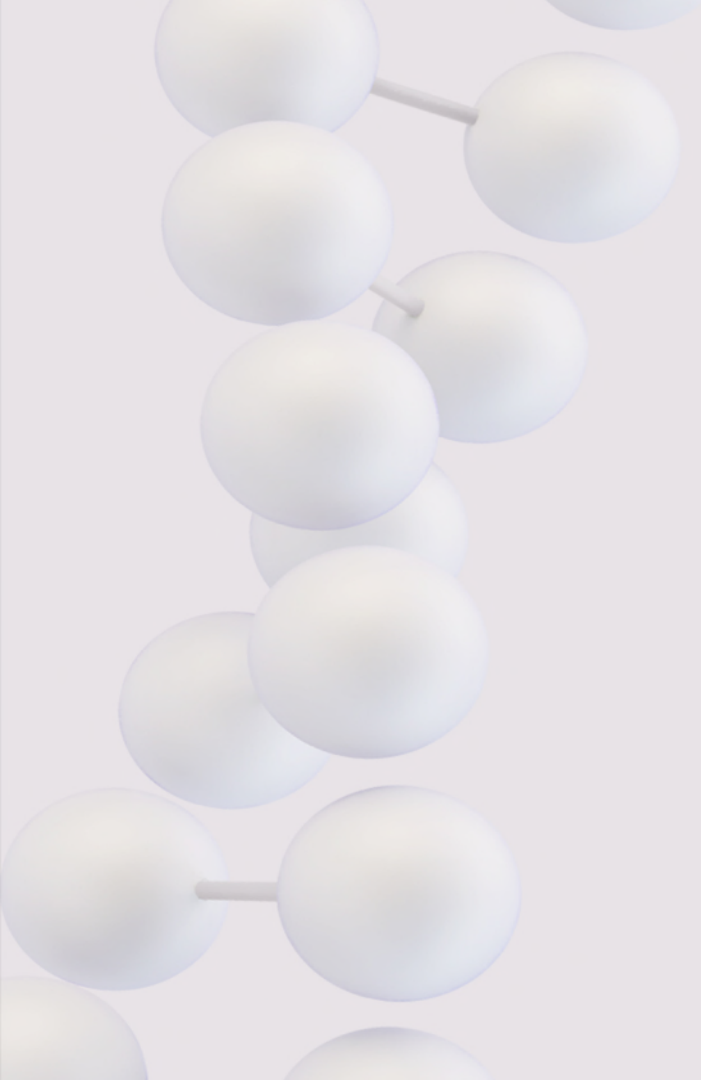


- Identifiable high risk women
- Early detection
- Survival
- Quality of life
- Prevention



- False positive screens
- Overdiagnosis/Overtreatment
- Invasive treatments
- Psychosocial impacts
- Clinical and economic burden

MAXIMIZE THE BENEFITS AND MINIMIZE THE HARMS



IMPLEMENTATION OF A RISK-BASED APPROACH: SOCIO-ETHICAL AND LEGAL ISSUES

Extend the roles of health professionals in managing genomic testing

- Assess feasible extension of the roles of nurses
- Assess the acceptability of extending the role of nurses

Integrate information technologies to provide clinical and informational support

- Assess the capacity of the legal framework to integrate and support telehealth technologies
- Assess the acceptability of providing telehealth counselling

Manage privacy when using BOADICEA with electronic health records

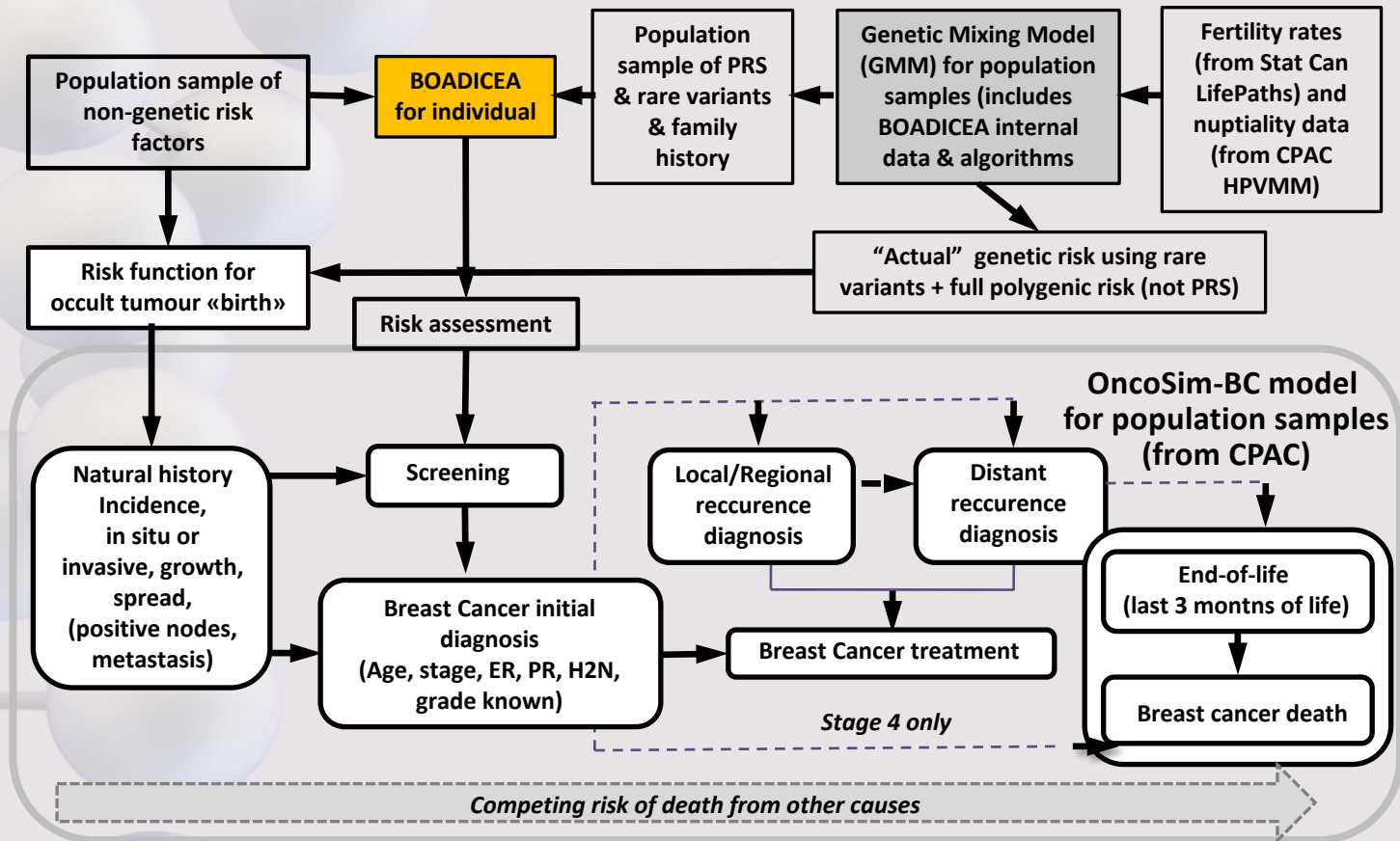
- Legal analysis of privacy management using BOADICEA with electronic health records
- Explore challenges of using BOADICEA with electronic records

Facilitate compliance with federal and provincial regulatory requirements and technology transfer options

- Map out the regulatory approval process applicable to use the BOADICEA software as a medical device in Canada
- Undertake interviews with stakeholders

Inform women on the possible risks of genetic discrimination and existing protections to mitigate them

OVERALL STRUCTURE OF POPRISKS-BC



ECONOMIC ANALYSIS

Revised and updated computer simulation models

- Combine CPAC's OncoSim-BC (Breast Cancer) with newest version of BOADICEA risk stratification algorithm (from Activity 2)
- Using Genetic Mixing Model (GMM) to estimate population joint distribution of family history and measured prevalences of rare genetic variants plus newly published polygenic risk scores (from Activity 1)

Develop real world costs for stratified BC screening

- Intensive use of ICES and CCO data
- Collect data from actual implementation of pilot risk-based screening (from Activity 3)

Assess prospective cost-effectiveness

- Both health system (i.e. direct health care costs) and social (e.g. also including labour market and income tax) perspectives