Preventive Health Services
As of January 1, 2013

Under the Patient Protection and Affordable Care Act (PPACA), certain preventive and diagnostic services are covered 100% when using in network providers in TSRI’s healthcare plans. This information is a summary of those services, is not an all-inclusive list, and is subject to change as new recommendations and guidelines become available. Talk with your doctor to determine what preventive services are right for you and when you should have them.

Preventive Services include:

- Annual wellness exams
- Pap smear, cervical cancer screening
- Mammography screening
- Colorectal screening
- Prostate cancer screenings
- Immunizations
- Newborn screenings
- Cholesterol, high blood pressure, and metabolic screenings
- Osteoporosis screenings
- Diabetes screenings
- HIV screenings for adults and adolescents
- Screening and behavior counseling, interventions in primary care to reduce alcohol misuse
- Screening for obesity in adults, and children ages 6 and older
- Visual impairment screenings for children under age 5
- Developmental/autism screening
- Anemia, lead, and dyslipidemia screening
- TB testing
- Prenatal well-woman exams (excludes delivery and high-risk prenatal services)
- Screenings for gestational diabetes
- Counseling for sexually transmitted diseases and HIV
- Counseling for and payment of FDA-approved contraceptive methods
- Breastfeeding support
- Screening and counseling for domestic violence
- Periodic Body Mass Index screening for children ages 6-18 years

The preventive health screenings are based on the recommendations of the U.S. Preventive Services Task Force (USPSTF) found online at www.ahrq.gov/clinic/prevenix.htm as of 4/2/12. The vaccine recommendations are based on the Centers for Disease Control and Prevention (CDC) found online at www.cdc.gov/vaccines as of 4/2/12. Recommendations change often. A full list of the most current recommendations may be accessed at these websites.