Helpful Resources from Aetna

**Informed HealthLine:** 1-800-556-1555
With Aetna’s Informed Health Line, you can talk directly to a registered nurse, listen to the Audio Health Library, and transfer easily to a registered nurse at any time during the call. Nurses can discuss more than 5,000 health and wellness topics. The Audio Health Library explains 1,000 health conditions in English and Spanish.

**Planning Resources:** [www.planforyourhealth.com](http://www.planforyourhealth.com) When life changes, so do your health insurance needs: Find easy-to-understand information about your health care options, including articles, a glossary of terms, tools for estimating expenses and helpful tips.

**Health Information Library:** [www.intelihealth.com](http://www.intelihealth.com) Get information on health and wellness, diseases and conditions and much more from the faculty at the Harvard Medical School.

**Women’s Health:** [womenshealth.aetna.com](http://womenshealth.aetna.com) Learn vital facts about reproductive health and menopause, heart health, breast health, depression, migraines, osteoporosis and other conditions that affect women.

**Behavioral Health:** [www.aetnabehavioralhealth.com](http://www.aetnabehavioralhealth.com) Get help managing life and work events, stress, behavioral conditions, and even mental illness. Aetna is approaching wellness and mental health from a totally new perspective.

**Medication Health and Safety:** [www.aetnapharmacy.com](http://www.aetnapharmacy.com) Brought to you by Aetna Pharmacy: Find information on medication and health for children; seniors', men's and women's health; preventing medication errors; protecting children from accidental poisoning and more.

**Dealing with Advanced Illness:** [www.aetnacompassionatecareprogram.com](http://www.aetnacompassionatecareprogram.com) Understand the issues, choices and terminology involved in dealing with an advanced illness.