Visit the Delta Dental web site*
www.deltadentalins.com

Our web site makes it easy for you to manage your dental plan. Tools, services, information, forms – you’ll find everything you need just a click away.

Convenient services and information you can access without logging in:

- **Oral health information**
  Read articles, watch videos, and subscribe to *Dental Wire*, our free dental health newsletter

- **Dental Cavity Quiz**
  Assess your risk for cavities and learn how to prevent them

- **Just for kids**
  See our kids’ web site

Other tools and information:

Visit the “Use Your Dental Plan” page for a helpful plan support guide and answers to frequently asked questions.

- **Download and print a claim form**
- **Find general information about how your plan works**
- **Get instructions for using our web site**

Log in to:

- **Check benefits, eligibility and claims status**
- **Print your ID card**
- **Find the average cost of a dental procedure in your area**

Find a dentist:

- **Select your plan**
- **Enter options such as state and ZIP code**
- **Search for a dentist and link to a map with driving directions**

Delta Dental en Español:

- **Visit a Spanish version of our web site**

Forms and support:

- **Find quick links to claim, grievance and customer service request forms**

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*The web site www.deltadentalins.com is the home of the Delta Dental companies listed on the reverse side and their subsidiaries and affiliates. For other Delta Dental companies, visit the Delta Dental Plans Association web site at www.deltadental.com.
Q: How do I log in to the web site?
A: Simply enter your user name and password in the designated boxes and submit. If you don’t already have a user name or password, click the “Register Today” link to complete the quick registration process.

Q: What if I have trouble logging in to the web site?
A: If you have problems, use the Online Services Login Customer Service Form to contact us for assistance. You can find the form on the “Individuals & Enrollees” page of the web site. Scroll down the “Individuals & Enrollees” page to find the Forms box on the right-hand side of the page. You can find the Online Services Login Service Form link at the end of the Customer Service Forms section.

Q: What if I don’t have Internet access?
A: You can check your benefits, eligibility and claim information on our interactive voice response telephone line or speak to a Contact Center agent Monday through Friday by calling Delta Dental toll-free. For DeltaCare® USA enrollees, please call 800-422-4234. For Delta Dental PPO® and Delta Dental Premier® enrollees, please use the appropriate number listed at the left to call your local Customer Service.

Q: Can I contact Delta Dental through the web site?
A: Yes. You don’t have to log in to contact us from the web site. Simply click on “Contact us” at the top of the home page and follow the appropriate links for your plan. You’ll be presented with a number of contact options, including online customer service request forms for specific issues.

Q: How can I check on the average cost of a dental procedure in my area?
A: Log in by entering your user name and password and click on “Fee Finder” in the main navigation menu.

Q: How current is the information in the online dentist directory?
A: The “Find a Dentist” directory is updated daily.

Q: What if I have more questions?
A: For detailed instructions on checking your benefits and eligibility, finding a dentist, printing an ID card and submitting a claim form, visit the “Use Your Dental Plan” page of our web site for these and other helpful topics.

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Delta Dental’s Mission: To advance dental health and access through exceptional dental benefits service, technology and professional support.