



Cell and Molecular Biology Department Retreat
Tuesday - September 24, 2013
From 8 to 5 p.m.

Location: Kon Tiki Ballroom at the Catamaran Resort Hotel & Spa <http://www.catamaranresort.com/>
3999 Mission Boulevard, San Diego, California; Tel. (858) 488-1081



The meeting venue is approximately 10 miles from TSRI and about 23 minutes drive.

FROM THE SAN DIEGO INTERNATIONAL AIRPORT

Take Interstate 5 North. Exit on Grand/Garnet (past Sea World). Follow Grand Avenue to Mission Boulevard and turn left. Stay on Mission Boulevard for approximately 4 blocks; the Catamaran Resort Hotel will be on your left, just past Pacific Beach Drive.

FROM CITIES NORTH OF SAN DIEGO

Take Interstate 5 South. Take the Balboa/Garnet exit. Turn right at the third traffic light, which is Garnet Avenue (you will be heading west towards the Pacific Ocean). Follow Garnet Ave. to Mission Boulevard and turn left. Stay on Mission Blvd. For approximately 5 blocks; the hotel will be on your left, just past Pacific Beach Drive.

FROM CITIES SOUTH OF SAN DIEGO

Take Interstate 5 North. Exit on Grand/Garnet exit (past Sea World). Take Grand Avenue to Mission Boulevard and turn left. Stay on Mission Boulevard for approximately 4 blocks, the hotel will be on your left, just past Pacific Beach Drive.

FROM CITIES NORTH EAST OF SAN DIEGO

Take Highway 15 South. Exit onto Highway 163 South. Follow 163 to Highway 52 West. Take 52 West to Interstate 5 South. Take 5 South to the Balboa/Garnet exit. Turn right at the third traffic light, which is Garnet Avenue. You will be heading west towards the Pacific Ocean. Follow Garnet Ave. to Mission Blvd. And turn left. Stay on Mission Blvd. For approximately 5 blocks; the hotel will be on your left, just past the Pacific Beach Drive.

Self Parking: You will need to go through the white gate and pull a ticket. Once you are through the white gate then you will go straight and then make a right; which then you will be in full view of the structure. Stop by to see Anna at the Kon Tiki Ballroom to validate the ticket (hotel charge us \$3/car)