



Need a plumber? Looking for a pet sitter for next weekend? Want to take your spouse someplace special next Saturday night? Save time by calling one of our Convenience Services specialists.

Let us do the legwork

We'll provide you with research, information and referrals for virtually any personal need.

Just call United Behavioral Health and talk to one of our specialists about the services you are looking for. We'll do all the research and provide a list of all available service options in your area, or wherever you need them.

Some of the services we can help you find include:

- **Household services** — plumbers who work evenings, housekeepers, carpenters, dry cleaners, movers, auto repair shops, electricians, landscapers
- **Shopping** — clothing, antiques, sporting goods, specialty stores, shopping services for the elderly or disabled
- **Entertainment** — theatre tickets, golf courses, travel agents, kid-friendly restaurants, nightclubs, horseback riding, concerts, skydiving lessons
- **Health and wellness** — fitness centers, urgent care clinics, all-night pharmacies
- **Personal services** — apartment brokers, caterers, tailors, translators, dog-walkers and pet-sitters

Reliable referrals

United Behavioral Health specialists verify each service option to make sure the service is available and meets your specific needs. You'll get the most up-to-date details — including what services are offered, how much they cost, any professional credentials, and contact information — via telephone, fax or e-mail.

Get started today

To use Convenience Services, simply call the toll-free number provided by your Human Resources department. Our specialists are available 24/7 to assist you. All calls and use of services are kept completely confidential.

Please note: While Convenience Services and all referrals are free, you do have to pay for any referred services you want to use. UBH specialists cannot book or purchase services on your behalf.